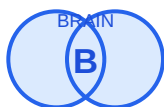


Why You Feel New Pain After Treatment

Your brain doesn't tell you everything at once.



Your Brain Acts Like a Pain Filter

Even if 10 areas of your body hurt, your brain highlights only the 2-3 loudest signals. The rest are suppressed — you simply don't feel them as strongly while bigger pain dominates.

What Your Brain Reports — Before vs. After Treatment

BEFORE Treatment

- **Neck pain** **LOUDEST**
- **Lower back pain** **LOUD**
- Shoulder tension
- Knee discomfort
- Hip tightness
- Wrist ache
- Ankle stiffness

AFTER 2-3 Sessions

- Neck pain **improved**
- Lower back pain **better**
- Shoulder tension **now audible**
- Knee discomfort **now audible**
- Hip tightness **still quiet**
- Wrist ache **still quiet**
- Ankle stiffness **still quiet**

● Loud / Reported pain

● Newly surfaced pain

● Suppressed / Not felt yet

● Improved

1

Brain filters pain — loudest first

Your nervous system prioritizes the strongest signals and quiets the rest.

2

Treatment reduces the loudest signals

As main complaints improve, the filter shifts — quieter signals surface.

3

"New" pain is actually old pain surfacing

You're not getting worse. These areas were masked by louder symptoms.

Good news: Feeling new sensations during treatment is a sign your body is responding. Each session helps uncover and address the next layer. This is normal — and expected.