



Jacob AcuBalance

Restore Your Balance.

RESTORE BALM

Use and Safety Guide for Adults

A massage balm made with 21 traditional herbs, **for temporary relief of minor muscle and joint soreness**. In traditional East Asian herbal practice, key herbs in this blend are used to promote circulation.

For external use only. Do not swallow.

How to use

- Test a tiny amount first; wait 24 hours before broader use.
- **Use sparingly** on a small area of clean, dry, unbroken skin. Massage gently. Do not apply over large areas.
- Use clean hands or a clean spatula. **Wash hands after use.**

Important precautions

- **No heating pads, hot packs, or tight bandages.** Avoid use just before or after a hot bath or shower. Do not combine with other pain creams or patches.
- **Avoid eyes, mouth, and damaged or irritated skin.** If eye contact occurs, rinse thoroughly with water.
- Do not use if allergic to any ingredient listed below. Ask a healthcare professional first for aspirin allergy, blood thinner use, pregnancy, breastfeeding, reduced skin sensation, or poor circulation.

When to stop

- **Stop and wash off if irritation occurs.** Get medical attention for severe burning, swelling, or blisters.
- Call **911** for trouble breathing or swelling of the lips, tongue, or throat. If swallowed, call **Poison Control: 1-800-222-1222**.
- Seek medical advice if pain worsens or lasts more than 7 days.

Ingredients

Safflower oil infused with 21 herbs (safflower, phellodendron bark, angelica root, acanthopanax bark, sweet wormwood, achyranthes root, eucommia bark, saposhnikovia root, loranthus, kalopanax bark, dragon's blood resin, liquidambar fruit, frankincense, myrrh, rhubarb root, red peony root, salvia, notoginseng, corydalis, gardenia fruit); beeswax, menthol, camphor, methyl salicylate, lavender oil, vitamin E, manuka oil.

Storage

- **Keep refrigerated.** Keep the jar closed, clean, and dry. Do not heat. Follow the expiration date. Discard if spoiled or an unusual odor develops. **Keep out of reach of children and pets.**

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